

TABLE TENNIS SKILL ASSESSMENT SHEET – BEGINNER I

Name _____ School _____



Level _____ Age _____

SKILL ASSESSMENT 1 - GRIPS

Mid Session Assessment happens after that specific skill is taught. If the child scores 3 or 4 in midsession then put cross in next session box and enter his score in scoring sheet.

For children who score 1 or 2 in midsession, leave scoring in the main scoring sheet blank for now.

Assessment should be done again in later Week and the score to be entered in end session box and the scoring sheet.

<p>SHAKEHAND GRIP </p>	<p>Mid Session</p>	<p>Next Session</p>
<p>➤ Can demonstrate the Shakehand Grip (Thumb and forefinger along edges of rubber, Racket forms a straight line with the arm and shoulder)</p>		
<p>PEN HOLD GRIP </p>	<p>Mid Session</p>	<p>Next Session</p>
<p>➤ Can demonstrate the Pen hold Grip (Thumb and forefinger around the handle, Three fingers curled or spread on reverse side of the racket)</p>		

Remarks: _____

Coach: _____ Date: _____